



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

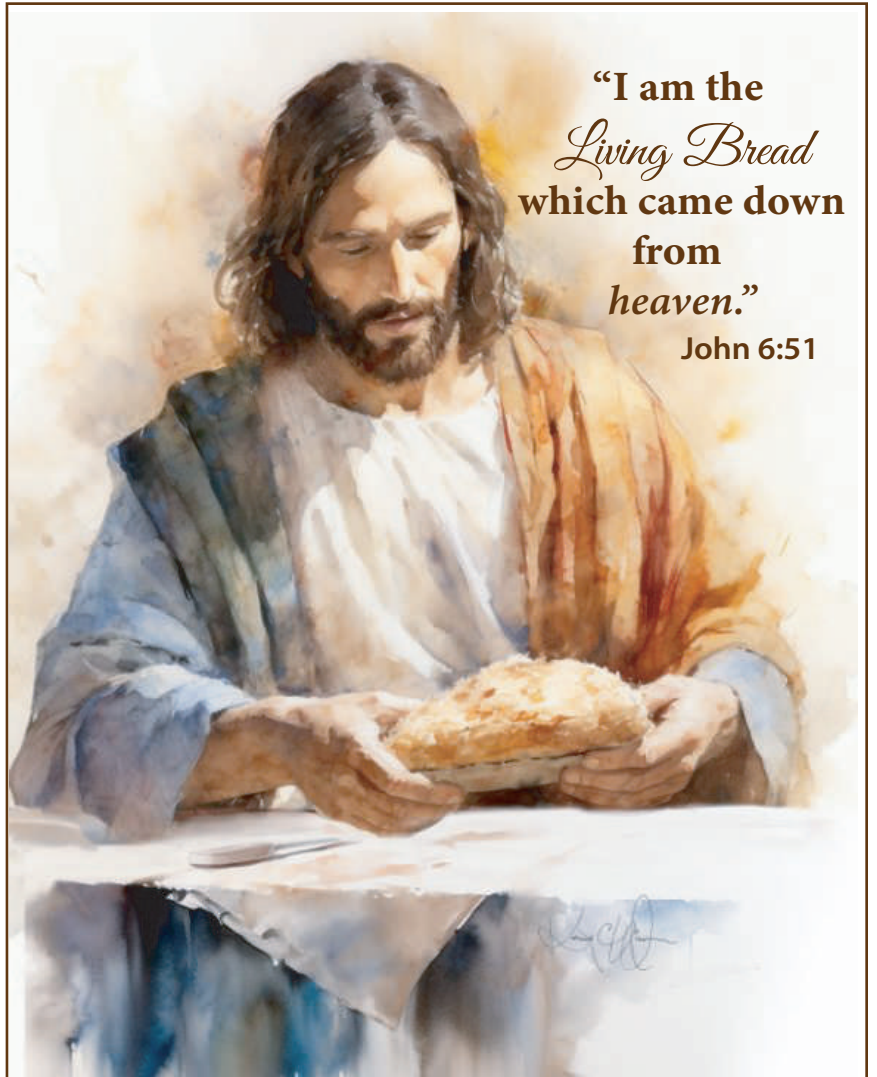
A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan
May the lovely infant Jesus, under whose image the Church reveres the great love of our Divine Saviour pour out on you a plentitude of grace... Mother Mary

Stewardship Prayer

O Lord,
giver of life and source of freedom,
I know that all I have received is from Your hand.
Gracious and loving God,
You call us to be stewards of Your abundance, the caretaker of all You have entrusted to us.
Help us to always use Your gifts wisely and teach us to share them generously.
Send the Holy Spirit to work through us,, bringing Your message to those who serve.
May our faithful stewardship bear witness to the love of Jesus Christ in our lives.
We pray with grateful hearts, in Jesus' name.
Amen.



“I am the Living Bread which came down from heaven.”
John 6:51



POPE FRANCIS' PRAYER INTENTION FOR AUGUST *For Political Leaders*

Let us pray that political leaders be at the service of their own people, working for integral human development and the common good, taking care of those who have lost their jobs and giving priority to the poor.

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

MASS TIMES

SACRED HEART CHURCH

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass
 Wednesday 9.30am
 Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
 Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
 Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
 4.00pm to 4.30pm Saturday

Baptism
 4th Sunday - 11.30am

MARIA REGINA CHURCH

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
 Wednesday 8am
 Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
 Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
 Sunday 9.00am

RECONCILIATION
 Before Vigil Mass on Saturday
 BAPTISM
 3rd Sunday - 11.00am

We Pray for

Deceased Anniversary

Milagros Macarayan
 David O'Brien
 Maria Gough
 Lidia & Leandro Sarogni

Recently Deceased

Patricia Butler
 Pamela Schrader

Prayer for the Sick

Anna Śmigowska
 Santo
 Brian Gregan
 Marcia Bailey
 Bec Burroughs
 Margaret De Landre
 Maureen Larios
 Denise Wagner
 Marco Sangiacamo
 Elaine Boyes
 Pauline Chipman
 Anna
 Svetlana
 Leonor
 Sofia
 Xi
 Mother Pauline
 Jacqueline Hackley
 Eric Collins
 Philip Khalifeh
 Robert McCauley
 Heidi Taylor

BOOK REVIEW

Called to be Friends

by Paula Ripple, FSPA



"Christianity is based on the two great commandments which tell us that human beings can neither live nor grow in isolation. Without God's love we cannot discover who we are. Without the love and friendship of human companions we become less than we are. Without faithful companions we risk losing not only our courage, but even our way."

Liturgy for the Week

12/08 Monday, Ordinary Time 19
 Ezek 1:2-5, 24-28; Mt 17:22-27

13/08 Tuesday, Ordinary Time 19
 Ezek 2:8-3:4; Mt 18:1-5, 10, 12-14

14/08 Wednesday, St Maximilian Mary Kolbe
 Ezek 9:1-7, 10:18-22; Mt 18:1-5, 10, 12-14

15/08 Thursday, St Assumption of the Blessed Virgin Mary
 1 Chr 15:3-3, 15-16, 16:1-2;
 Lk 11:27-28 (Vigil)
 Rev 11:19, 12:1-6, 10;
 Lk 1:39-56 (Day)

16/08 Friday, Ordinary Time 19
 Ezek 16:1-15, 60, 63;
 Mt 19:3-12

17/08 Saturday, Ordinary Time 19
 Ezek 18:1-10, 13, 30-32;
 Mt 19:13-15

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 Pittwater

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Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



15 August

The Assumption of the Blessed Virgin Mary

Sacred Heart Church, Mona Vale
 9:30 am with the School Community
 and 7:00 pm

Maria Regina Church, Avalon
 10:00 am with the School Community



Farewell Morning Tea for Josh

Everyone is welcome to join us as we bid farewell to our exceptional Parish Director of Music, Josh Willard, as he embarks on his new adventure. There will be Morning Tea after the 10 am Mass on Sunday, 18 August



We wish Josh all the success and happiness on his new role as the Cathedral Director of Music, Our Lady of the Rosary Catholic Cathedral, Waitara

Please DON'T FORGET to RSVP by the 16th of AUGUST by calling the Parish Office or scanning the QR code below. We need to know the number of people who are coming for catering purposes.

You are invited to the
50th
Anniversary
of the Consecration



MARIA REGINA CHURCH,
AVALON

25th August 1974 - 25th August 2024

Solemn Mass at 9am

followed by a celebration in the
PARISH CHURCH HALL

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For catering purposes please RSVP by 16th of August.

To RSVP, please scan the QR code with
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<https://www.trybooking.com/CSTZT>

or contact the Parish Office on 9157 0999

Everyone is invited. This is a Free Event.



Parish Directory

Pittwater Parish

1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest

Fr Richard Sadowski SDS
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pp@pittwaterparish.org

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ap@pittwaterparish.org

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Sacramental Coordinator

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CCD Catechist Coordinators

Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE

Sacred Heart School
Tel 8197 6900
Principal: Mr Jamie Wahab

AVALON

Maria Regina School
Tel 7256 2138
Principal: Ms Kirsty Thorpe

WARRIEWOOD

**Mater Maria Catholic
College**
Tel 7256 2100
Principal: Mr Marc Reicher



Parish Bulletin Term 3, Week 3

As our Year 12 students navigate through HSC Trial examinations, we humbly request your prayers and support during this crucial time. May God guide their efforts, and may they achieve results that reflect their hard work and abilities.

Year 11 students had a busy week with work placements and leadership presentations. Their speeches demonstrated their commitment to servant leadership, inspired by the teachings of Jesus. Over the coming weeks, students will be selected as the 2025 College Prefects, Captains, and Vice Captains who embody our core values.

We also hosted a Japanese Cultural Immersion Program, welcoming several Japanese students who stayed with local families, mostly from Mater Maria. A Japanese assembly and various activities were organised to enhance their cultural exchange experience.

The Catholic Schools Broken Bay Digital Enablement Team hosted an event for students interested in a career in IT. Attendees had the opportunity to visit their central office, meet the team and learn about the various roles and pathways in this dynamic and ever-changing industry.

Our students demonstrated their spirit and talents in various sporting events including the Geoff Toovey Cup U16 Rugby League, Girls Rugby League 9s Gala Day competitions, CSBB Junior Basketball Gala Day and CSBB Junior Rugby League Gala Day, Peninsula Cup Soccer for U14s and Opens Girls as well as Peninsula Cup U14 Rugby, and the weekly MWBA Basketball.

Applications for Year 7 are now open for 2027 and 2028. There is a waitlist for Year 6 to Year 7 transitions in 2025 and 2026, and for all other year groups in 2024. For more information or to apply, please visit Mater Maria Enrolments:

<https://matermaria.nsw.edu.au/enrolments/>



The Assumption of the Blessed Virgin Mary: 7 Things to Know and Share

1) *What is the Assumption of Mary?*

The Assumption of Mary is the teaching that:

The Immaculate Mother of God, the ever Virgin Mary, having completed the course of her earthly life, was assumed body and soul into heavenly glory [Pius XII, *Munificentissimus Deus* 44].

2) *What level of authority does this teaching have?*

This teaching was infallibly defined by Pope Pius XII on Nov. 1, 1950 in the Bull *Munificentissimus Deus* (Latin, "Most Bountiful God").

As Pius XII explained, this is "a divinely revealed dogma" (*ibid.*).

This means that it is a dogma in the proper sense. It is thus a matter of faith that has been divinely revealed by God and that has been infallibly proposed by the Magisterium of the Church as such.

3) *Does that mean it is an "ex cathedra" statement and that we have to believe it?*

Yes. Since it is a dogma defined by the pope (rather than by an ecumenical council, for example), it is also an "ex cathedra" statement (one delivered "from the chair" of Peter).

Because it is infallibly defined, it calls for the definitive assent of the faithful. Pope John Paul II explained: the definition of the dogma, in conformity with the universal faith of the People of God, definitively excludes every doubt and calls for the express assent of all Christians.

4) *Does the dogma require us to believe that Mary died?*

John Paul II noted: On 1 November 1950, in defining the dogma of the Assumption, Pius XII avoided using the term "resurrection" and did not take a position on the question of the Blessed Virgin's death as a truth of faith.

The Bull *Munificentissimus Deus* limits itself to affirming the elevation of Mary's body to heavenly glory, declaring this truth a "divinely revealed dogma."

5) *Why should Mary die if she was free from Original Sin and its stain?*

Being free of Original Sin and its stain is not the same thing as being in a glorified, deathless condition.

Jesus was also free of Original Sin and its stain, but he could—and did—die.

Expressing a common view among theologians, Ludwig Ott writes:

For Mary, death, in consequence of her freedom from original sin and from personal sin, was not a consequence of punishment of sin.

However, it seems fitting that Mary's body, which was by nature mortal, should be, in conformity with that of her Divine Son, subject to the general law of death.

6) *What are the earliest surviving references to Mary's Assumption?*

John Paul II noted: the first trace of belief in the Virgin's Assumption can be found in the apocryphal accounts entitled *Transitus Mariae* [Latin, "The Crossing Over of Mary"], whose origin dates to the second and third centuries.

These are popular and sometimes romanticized depictions, which in this case, however, pick up an intuition of faith on the part of God's People.

7) *How did Pius XII prepare for the definition of the Assumption?*

John Paul II noted: In May 1946, with the Encyclical *Deiparae Virginis Mariae*, Pius XII called for a broad consultation, inquiring among the Bishops and, through them, among the clergy and the People of God as to the possibility and opportuneness of defining the bodily assumption of Mary as a dogma of faith.

By: Jimmy Akin, National Catholic Register

Though we are
many, we all
eat from one
loaf of Bread,
showing that
we are...



1 Corinthians 10:17

one body

Knowing-Jesus.com



Envelopes are on the pews at both Churches

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Diocese of Broken Bay

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Soup and Song for Soibada



Date: 16 August
Place: Maria Regina Church Hall
Time: 6.30pm
Tickets only \$20 through trybooking
<https://www.trybooking.com/CRLYW>

We have some amazingly talented performers on the Northern Beaches and they are coming together to raise funds for education projects in our sister village, Soibada in Timor Leste. Friends of Soibada and the Northern Beaches community are making a big impact on the lives of the children in Soibada but need your support to pay teachers' wages and fund the Preschool and brand new Catholic Primary School. Join us for live entertainment in a relaxed atmosphere and grab a bowl of soup or two knowing you are making a difference. Soft drinks will be available for purchase. This is also a great opportunity for our musicians to perform in front of an audience.

Insights into Catholicism today...



What is our faith tradition all about?

Our next sessions start on

Wednesday,
4 September 2024
at 7.00 pm
in our

Sacred Heart Church
Parish Centre

Please RSVP on
9517 0999

(Parish Office)

or email

office@pittwaterparish.org

Everyone is Welcome!



**GIVE US
THIS DAY
OUR
DAILY BREAD.**

MATTHEW 6:11



The *Living* Word

Entrance Antiphon

Psalm 73:20,19,22,23

Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.

First Reading

1 Kings 19:4-8

A reading from the first book of Kings
Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord

Responsorial Psalm

Ps 33:2-9. R. v.9

(R.) Taste and see the goodness of the Lord.

I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **(R.)**

Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. **(R.)**

Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. **(R.)**

The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. **(R.)**

Second Reading

Ephesians 4:30 – 5:2

A reading from the letter of St Paul to the Ephesians

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you

in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.

Gospel Acclamation

John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

Alleluia!

Gospel

John 6:41-51

A reading from the holy Gospel according to John

I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord

Communion Antiphon

Psalm 147:12,14

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

REFLECTION

by Diane Bergant

There are times God seems to ask too much of us. We labour for others, but do not see the fruits of our labour. Our families take us for granted, and we are exploited at work. This is particularly trying when we only wanted to be of service to others, to help them wherever we could. What's the point of giving of

oneself when it only seems to be futile? In this we are like Elijah.

There are other times when we are challenged to change our way of thinking and to accept what seems to make extraordinary demands on us. A new way of understanding church may call us to be open to the cultural diversity within the community. Or it might claim that we have a responsibility toward the poor and homeless in our midst. New biblical insights make us question our familiar understanding of God or of Jesus or of ourselves. In this we might be like the Jews who murmured against Jesus. We want evidence to substantiate these radical new claims. But the evidence that Jesus offered could only be accepted in faith. And so it is with us. When we ask God for some kind of sign that will assure us that this new challenge is really what God wants, the answers received must themselves be accepted and understood in faith. The only assurance we have is rooted in faith, and those who are not open in faith will not understand. God does indeed ask a great deal from us.

© Dianne Bergant CSA

SERRA VOCATIONS MASS AND DINNER MEETING

THURSDAY,

22ND AUGUST 2024

at SACRED HEART CHURCH

2 RICHARD PORTER WAY PYMBLE

COMMENCING WITH MASS AT 6.00 PM

OUR SPECIAL GUEST SPEAKER WILL BE

SISTER VIRGINIA BOURKE SOSJ

HER TOPIC:

"THE LIFE AND TIMES OF
SAINT MARY MACKILLOP"



Father Aldrin Valdehueza, our Chaplain and Assistant Priest at Epping Carlingford Parish will be celebrating the Mass. Following the Mass, dinner, and a short meeting Sister Virginia will speak to us. If you would like to learn more about our very own Saint or be reminded of the wonderful woman she was, we would love you to join us for the evening.

Everyone is welcome.

For catering purposes kindly telephone Henry or Anna Leung on 0478 083 116 or email annaytleung@yahoo.com.au or telephone Terry Scanlan on 0438 887 295 or email terry_scanlan@bigpond.com if you are planning to attend.



"The bread of God is the one who comes down from heaven and gives life to the world."

JOHN 6:33

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But just as he who called you is holy, so be holy in all you do; for it is written: "Be holy, because I am holy."

1 Peter 1:15-16

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Lorem ipsum

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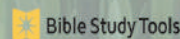
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God is the bread
that comes down
from heaven and
gives life to the
world."

JOHN 6:33



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